

Care Instructions Following a Filling

- Some people feel sensitivity after they receive a filling this is completely normal as the tooth has just been worked on, sensitivity can also occur if filling is deep and close to nerve.
- The tooth may be sensitive to pressure, air, sweet foods or cold.
- White fillings often cause less sensitivity as they bond to the teeth and require less tooth tissue to be removed.
- An amalgam filling is set chemically and generally takes about 24 hours to set fully. Avoid eating on the filling for the first day.
- After 24 hours of filling it is important to return to interdental cleaning daily to avoid inflammation to gums.
- In some cases sensitivity/pain may not settle and further treatment may be required.